

5-DAY SPRING RESET

Main Checklist

DAY 1

WHOLE HOUSE

- ✓ Wash windows & mirrors
- ✓ Dust ceiling fans & vents
- ✓ Wipe baseboards
- ✓ Vacuum under furniture

DAY 2

KITCHEN

- ✓ Clean fridge shelves
- ✓ Toss expired food
- ✓ Wipe cabinets
- ✓ Clean microwave & oven
- ✓ Organize Pantry

DAY 3

BATHROOM

- ✓ Scrub shower & tub
- ✓ Wash bath mats
- ✓ Clean drawers
- ✓ Replace toothbrushes
- ✓ Disinfect handles

DAY 4

BEDROOMS & CLOSETS

- ✓ Rotate seasonal clothes
- ✓ Wash pillows
- ✓ Declutter nightstands
- ✓ Donate unused items
- ✓ Vacuum mattress

DAY 5

Living Areas & Kids' Spaces

- ✓ Organize toy bins
- ✓ Wash throw blankets
- ✓ Wipe remotes
- ✓ Clean couches
- ✓ Declutter books

Time-Saving Tips For Busy Moms



Set a 20-minute timer



Let kids help



Clean one zone per day



Don't aim for perfect

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